

NSSAC		DIVING OFFICER'S LOG OF DIVES						2023	
NO.	DATE	SITE	DEPT H	TEMP	DIVERS	D/M	NOTES	COX	
1	14/02/2023	Loch Ronald	4.2m	6c	Chris Mel	CH	Survey at Three Lochs to check for obstructions. Did Parallel search but Bottom very silty and viz at times nil		
2					Glyn				
3					Sandy	SB	Early season dive at Capers		
4	25/03/2023	Capernwray	16.7m	6c	Annette				
5					Ian				
6					Sandy				
7			20.6m	6c	Annette				
8					Ian				
9					Igor (V)				
10	02/04/2023	Slockenglass> NW	21.2m	8c	Chris	CH	First real dive of year. Viz barely 1m and strong current on seabed while slack on surface. Did not see many critters	NT	
11					Harry		just a flat pebbly seabed. Engine tilt on DK failed on return which with a falling tide demanded urgent action.		
12					Chris	CH	Beautiful flat calm day so we took both boats to Luce bay to find some clean water. DK severely limited with just one engine. Big tides but arrived just after slack so finned into current then drifted back. Glyn and Harry went with current	NT	
13	07/04/2023	Slockenglass	17.5m	8c	Tosh		over sandy seabed. Viz was a good 3m and we had a nice dive with lots of creatures around.		
14					Glyn				
15					Harry				
16					Lu			RL	
17					Sandy				
18					Mel				
19					Chris	CH	SE winds forced us into Shelter of Port Yerrock where we expected poor viz. One Boat called off but we had a nice	NT	
20	08/04/2023	Port Yerrock	9m	8c	Harry		dive with about 2m viz. Lots of scallops and we found a lot more Mulberry wreckage	RL	
21					Chris	CH	Long trip out on Hammerhead but arrived early so went on to film seals at Big Scare Rock. Moderate pull on line 1hr	CH	
22	15/04/2023	Great Ouse	24.8m	8c	Harry		before LW. On arrival at wreck viz was about 6m. No big shoals but that was probably because there was a big		
23					Ian		bull seal on wreck who was happy to interact with us. Tosh found some treasure and Harry and I retrieved coal.		
24					Mel		Harry also recovered a long hank of tangled rope.		
25					Tosh				
26					Margaret	MA	Shake down dive at Capers. Barry got a bit damp!		
27	21/04/2023	Capernwray	16.7m	8c	Barry S				
28					Jani				
29					Margaret				
30			17.3m		Jani				
31					Chris	CH	Thought we would give Cairn Head a try. Water murky on surface but improved on bottom to about 4m. Very green	RL	
32	23/04/2023	Cairn Head	18m	9c	Ian		with plankton bloom. A lot of filter feeders out but most creatures are still dormant. Picked up current towards end of		
33					Peggy		dive and had a nice drift.		
34					Chris	GM	Quick dive in weather window. Hit Slack or gentle current to NW 1/2hr before HW. Still greenish but viz was a good	RL	
35	02/05/2023	Stank > Slockenglass	18.6m	10c	Glyn		8 - 9m. Creatures are now beginning to become more active and we saw plenty of lobsters and wrasse. A group of		
36					Margaret		about 9 catsharks were attacking another one one was knotted around it and one biting it. Prised them apart. Shark ok		
37					Lu	CH	After a lot of emailing and cancelling because of fog we eventually set off with a full boat to Port Yerrock.	RL	
38	07/05/2023	Port Yerrock	15.2m	10c	Margaret		Hit the site on slack so very little current. Viz about 4-5m. We all seemed to find different things. Some got scallops.		
39					Chris		some saw little, and some saw an octopus and pipefish and lots of other critters. On our return we launched		
40			17.2m		Caroline		Hammerhead with its newly fitted engine back into the water, having collected it from Livingston the previous day.		
41					Harry		also on the previous day we did our free trips to see the seals as part of the coronation events		
42					Ian				
43			20m		Mel				
44					Alfie				
45					Chris	CH	Went to Port William to recover missing fishing booms. Gave us chance to run in engine. Did circular search but	RL	
46	12/05/2023	Port William	13m	11c	Harry		found nothing at first site despite a few bumps on the bottom on the sounder. More luck at second site. Found gear		
47					Margaret		at end of search. And attached rope and buoy.		
48					Chris				
49					Harry				
50					Sandy	NP	Neil planned to dive Jasper but buoy was under water and we were not happy with the shot we laid. Went back to	NT	
51		Port Yerrock	12m		Annette		Port Yerrock as sea was getting rougher		
52					Harry				
53			20m		Ian				
54					Peggy				
55			12m		Neil				
56					Chris	CH	Full boat with nine of us so got the chance to see how the prop on the new engine fared, max on throttle	NT	
57	13/05/2023	S.S.Kelvinside	23.6m	11c	Harry		corresponded to 6000 rev max for engine which is just right. Shotted wreck well with shot falling to the stem.		
58					Sandy		First pair hooked it in and had good dive on wreck. Boat tied to shot and pulled it off so second pair missed wreck		
59					Annette		Re shotted but line tangled so none of others got on wreck.		
60					Margaret				
61					Russ				
62					Mel				
63					Alfie				
64					Mel				
65		Devils Bridge	16m	11c	Alfie		Dived Devils Bridge right on slack on way back		
66					Lu	CH	Nice and calm but Viz only about 3m. Jennifer's first sea dive and Dave's first tome in a dry suit. Both did well.	LDL	
67	18/05/2023	S.S.Woodburn	10.2m	11c	Elizabeth		Took them both for a tour of the wreck site		
68					Chris				
69					Dave				
70					Jennifer				
71					Chris	CH	Good experience in underwater work in near nil visibility. Managed to get in the moorings for the floating water Park		
72	20/05/2023	Loch Ronald	4m	13c	Harry				
73					Glyn				
74					Ian				
75					Chris				
76					Harry				
77					Glyn				
78					Chris				
79					Harry				
80					Glyn				
81					Harry				
82	21/05/2023	Slockenglass	16m	12c	Harry	CH	Good calm conditions and a perfect taster dive for Debbie and Freddie	GM	
83					Elizabeth				
84			10.2m		Chris				
85					Debbie				
86			10m		Neil				
87					Freddie				
88	25/05/2023	Cairn Head	16m	12c	Glyn	GM	Quick mid week dive. Lu had problems with ears so could not get down	RL	
89					Sandy				
90	27/05/2023	Great Ouse	24.5m	12c	Glyn	CH	Decided to head out to far wrecks since weather good. Second wave almost missed dive since Sandy pulled down		
91					Sandy		shot buoy with her and dragged shot from wreck. Glyn managed to get it back though. Nice clear water dive as usual		
92			19.5m		Russ		but still no big shoals of pollack. Rediscovered the large anchor when exploring wreck. Good experience dive for		
93					Chris			Jennifer	
94					Jennifer				
95					Chris		Viz excellent, but Jennifer had too big a jacket and lost a fin. Good experience for her to over come problems under		
96		Devil's Bridge	12m		Jennifer		water.		
97	28/05/2023	Slockenglass	16m	12c	Barry S	CH	A good drift dive over the rocky reefs	RL	
98					Jani				
99					Russ				
100					Sandy				
101					Chris				

NSSAC		DIVING OFFICER'S LOG OF DIVES						2023
NO.	DATE	SITE	DEPT H	TEMP	DIVERS	D/M	NOTES	COX
102	29/05/2023	S.S.Jasper	13.6m	12c	Lu	CH		
103					Sandy			CH
104		Port Yerrock	8m	12c	Chris		A bit of a silty dive. Explored around and found scallops	
105					Dave			
106		Devil's Bridge	5m	12c	Lu		Bit of a blow out as Dave could not stay down. Pity as the viz here today was excellent	
107					Sandy			
108					Dave			
109	03/06/2023	Stank > Slockenglass	16m	13c	Elizabeth	CH	Big Spring tides but managed to find slack in Luce Bay. Viz was a little hazy but could see about 5m	LDL
110					Lu		Checked Jennifer out skills and she seems quite at home in water.Saw a few nudibranchs and quite a large plaice.	
111					Harry		By hugging the sea bed we drifted at a gentle rate.	
112					Chris			
113					Jennifer			
114		S.S.Woodburn	10.2m		Chris		Final skills activities for Jennifer, which she accomplished with flying colours. Happy to certify her as an Ocean Diver	
115					Jennifer		Viz on wreck not as bad as I expected	
116					Elizabeth			
117					Lu			
118					Harry			
119	04/06/2023	Cairn Head	19.9m	13c	Chris	CH	Viz again a little hazy but about 5m. Good dive for Vikki to get her back in the water. Glyn and Lu saw a conger	BS
120					Vikki			
121			16m		Lu			
122					Glyn			
123			14m		Mel			
124					Alfie			
125	11/06/2023	Stank > Ducker Rock		14c	Margaret	CH	Two boats today so went to Luce bay looking for some clear water. Arrived more or less on slack water but	CH
126					Jennifer		this picked up and the different groups went in. Last trio had a good drift through the scenic areas. Viz about 5m but	NP
127					Derek		water was a bit murky compared to what I would have expected.	
128					Gary			
129					Elizabeth			
130					Chris			
131					Vikki			
132					Lu			
133		Devil's Bridge			Chris		Moved to Devils Bridge where we hit the water again during slack. Water a bit clearer. Went to the outer reefs	
134					Vikki		and saw some big crabs. A good scenic dive. Vikki did really well and has good buoyancy control. Just need to run	
135					Lu		through exercises now before she can be signed off. Lu took some good photos which are on facebook.	
136					Jennifer			
137					Gary(V)			
138					Neil			
139					Elizabeth			
140	12/06/2023	Andy's Patch	19.2m	14c	Lu	CH	Planned to go to Scares rocks with a full boat but starboard engine overheated so we had to divert and limped up to	CH
141					Russ		Andy's patch. On the way we passed through a swarm of thousands of big Barrel Jellyfish near St Ninnian's Cave.	
142					Derek		Never seen so many before. Good clear water on site with a gentle current running to south. Saw plenty of big	
143					Gary(V)		lobsters on the rocky patches. A good scenic drift and again Lu got some good pictures	
144					Margaret			
145					Elizabeth			
146					Chris			
147					Dave			
148		Devil's Bridge	5m		Chris		Dropped in at Devil's Bridge to look for the DSMB that Elizabeth lost the previous day. Area was very kelpy and	
149					Lu		despite careful search we could not find it	
150					Derek			
151	17/06/2023	Andy's Patch	23.9m	15c	Margaret	MS	Good calm weather so went out to Andy's Patch to fond some clean water. Slack at about 1/12 hrs before HW then	GM
152					Elizabeth		picking up to the SW	
153					Lu			
154					Chris		Got some good photos and saw a Smooth Hound Shark but it was away before my camera was ready	
155					Mel			
156					Alfie			
157	18/06/2023	Andy's Patch	22.1m	15c	Lu	CH	Returned for another good dive in this area	GM
158					Duncan			
159					Chris			
160					Russ			
161					Margaret			
162					Derek			
163	24/06/2023	Port Yerrock	11.1m	17c	Chris	CH	Strongish southerlies so took shelter in Port Yerrock. Viz not bad at about 4m. Took Vikki through all exercises and	CH
164					Vikki		now happy to sign her off. On the dive part found a pipefish and an old anchor.Tracy did well for her first dive too.	
165			17m		Mel		The final pair came home with their supper.	
166					Tracy			
167			15m		Derek			
168					Darren			
169	02/07/2023	Cairn Head	22m	15c	Harry	CH	Very strong westerlies so journey out of the harbour was bouncy. Quite calm , though, in the shelter of Cairn Head.	GM
170					Neil		Viz not too bad at around 4m after all rain and bad weather. Hit slack but turned into a drift after about 20 mins.	
171			17m		Margaret		Quite a lot of big Pollack around as well as Wrasse.	
172					Jennifer			
173			18.1m		Chris			
174					Elizabeth			
175	09/07/2023	S.S. Kelvinside	22.9m	15c	Chris	CH	After rain and bad weather only chance of clear water was out in Luce Bay. Engine would not go fully down so	CH
176					Harry		could not achieve full speed. Shoted wreck well and viz was only about 5 to 6m. On a spring tide slack was started	
177					Mel		40 mins before LW so need to begin dive 70mins before HW. Last pair went in as flood tide kived in. Lots of big fish	
178					Jennifer		on wreck as well as shoals of bib and wrasse. Harry and lan saw what was probably a dolphin skull and bones	
179					Neil		near the bow of the vessel. Lots of coal scattered all over wreck	
180					Ian			
181	12/07/2023	Three Lochs	6.2m	15c	Chris	CH	Repositioning the weights for the floating play park and fitting a heavy out lying anchor chain	
182					Mel			
183	15/07/2023	Cairn Head	17.7m	16c	Harry	CH	After all bad weather saw a window to get out. Too windy for Luce Bay so wnt to Cairn Head and was surprised at	RL
184					Derek		how clear water was on bottom. Viz about 5m. Lots of fish around close in and saw some big crabs and lobsters.	
185					Chris		Last pair had a short dive as Darren felt unwell	
186					Dave			
187					Glyn			
188					Darren			
189	29/07/2023	Port Yerrock	9.7m	16C	Chris	CH	Weather pretty awful with strong southerlies but still managed to get a dive in at Port Yerrock. Found the anchors	RL
190					Harry		again and the Lobbers in his barrel. Also hit the patch of sea pens. Ride back was through big seas	
191					Glyn			
192					Jennifer			
193	05/08/2023	Slockenglass	9.5m	16c	Sandy	CH	Aimed to take opportunity to take some of the new trainees out. Weather had seemed fair earlier in week but on the	S&A
194					Freddie		day black squalls were around. Tried to take Hammerhead to Riverside but escaped ahead of squall. Just ready to	
195					Chris		put in divers from Darren Kelly when we too had to run when squall hit us. Only sheltered place was in Luce Bay.	
196		Darren Kelly ^			Dan			
197					Barry S	MA	Freddie got a good dive but Dan had a bad problem with mask squeeze. Viz only about 3m. Others had problems too	GM
198					Jani		ranging from slipping weight belt, problem breathing forom reg, faulty inflator on BCD etc.	
199					Annette			
200					Harry			
201					Margaret			
202		Hammerhead ^			Ian			

NSSAC		DIVING OFFICER'S LOG OF DIVES						2023
NO.	DATE	SITE	DEPT H	TEMP	DIVERS	D/M	NOTES	COX
203	06/08/2023	S.S. Woodburn	8m	16c	Chris	CH	A very different day to yesterday weather wise but because of big spring tides had to load up quickly and motor out to far side of sand bar. Divers walked out to boat when kitted up. Damon had a good first dive on Woodburn but Dave had problems getting down. Damon Lost mask so will have to look for it.	RL
204					Damon			
205					Tosh			
206					Margaret		Tried for second dive at Devil's Bridge, seemed ok but the strong westerlies we causing quite a swell, despite being in shelter of cliffs, which reduced viz in bridge area to nil. Managed to get down and into central canyon but then	
207					Dave		Damon lost weight belt. Aborted dive as did other pair. On way in ended up using waves to edge the boat over the sand bar.	
208		Devil's Bridge	4m	16c	Chris			
209					Damon			
210					Tosh			
211					Dave			
212		Cairn Head	16.4m	16c	Russ		In afternoon went out again with new divers to Cairn Head. Callum had a good first dive despite getting soaked. The trainee who used his suit the previous day ripped out a wrist seal and said nothing. So it was a case of gaffer tape or no dive. Callum was so keen he opted for the former and it held up until the last five minutes of his dive then dry suit became wet suit. Not too much of a shock as sea is quite warm.	
213					Jennifer		Damon was now using the mask that Dan used the day before. He too ended up with mask squeeze. Must check out mask.	
214					Tosh			
215					Kacie			
216					Chris			
217					Callum J			
218					Neil			
219					Damon			
220	07/08/2023	S.S.Jasper	12.7m	16c	Lu	CH	Another early start but loaded quickly so managed to get out over sand bar in time. On the way to the wreck encountered apod of about 25 dolphins slowly working their way up Wigtown Bay feeding. They came close to boat and were in vicinity of wreck when we went down. Very silty on wreck with barely a couple of metres viz. Alfie did well leading the dive and returning to the shot. Had to retie the line on wreck as it was rubbing through.	RL
221					Harry			
222					Alfie			
223					Mel			
224					Chris			
225					Lu		Hit slack at Cairn Head with gentle current to the north. Alfie practised DSMB deployment. Harry found the weight belt Ian lost a couple of months ago and managed to get it back to surface	
226					Harry			
227					Alfie			
228					Mel			
229					Chris			
230	14/08/2023	Cairn Head	18.1m	16c	Lu	CH		LDL
231					Chris			
232					Dave			
233	16/08/2023	Cairn Head	17m	16c	Sandy	MS	Mel organised a double dive and Sandy and he did the Sport diver rescue skills with Alfie and Caroline	MS
234					Caroline			
235					Russ			
236					Derek			
237					Ian			
238					Daniel (V)			
239					Mel			
240					Alfie			
241		S.S.Woodburn	10m		Sandy			
242					Caroline			
243					Daniel (V)			
244					Derek			
245					Mel			
246					Alfie			
247					Sandy			
248					Derek			
249					Daniel (V)			
250	17/08/2023	McGregor's(Carleton Port)	16m	16c	Sandy	LDL	Tried a new area near to Andy's Patch. Good rough ground and plenty of crustaceans around. Slack around two hours before HW. Viz a good 6m at least, which was good after recent rough weather. All enjoyed dive	CH
251					Dave		Bumpy trip back as SE wind picked up	
252					Lu			
253					Barry S			
254					Margaret			
255					Jennifer			
256	24/08/2023	Isle Harbour Entrance	12.1m	17c	Chris	CH	Search and recovery for the Lobster Keep Pots and anchor and chain from the rescued yacht	RL
257					Harry		Viz a good 6m but despite nearly two hours under water we could not find them	
258					Ian			
259			10.5m		Chris			
260					Harry			
261			15.4m		Chris			
262					Harry			
263	26/08/2023	S.S.Ben Veg	42.4m	17c	Chris	CH	Good conditions so decided to dive the Ben Veg. Good run out and shotted the wreck just forward of the bow. Went down to seabed but lined out 50m probably along side of wreck but could not find it. Hoped to get up before next wave of divers so as to re-shot wreck. However met them on way down shot. They too explored the seabed but Russ did see the wreck but too late to dive it.	RL
264					Harry			
265					Mel			
266					Russ			
267					Kevin			
268		Isle Harbour Entrance	10.4m		Chris		Had another go at looking for the Keep Pots but again to no avail	
269					Harry			
270					Mel			
271	27/08/2023	Cairn Head (HH)	18.4m	17c	Chris	CH	First sea dive with Karen. She got to about 7m but had ear problems. Margaret and I continued. Viz about 6m and absolutely no current. Found a lost fishing rod	RL
272					Margaret			
273					Karen			
274		Port Yerrock (DK)	15m	17c	Mel	MS	Muddy dive in search of scallops	NT
275					Harry			
276					Russ			
277		S.S.Woodburn (DK)	10m	17c	Mel		Good rummage around on the Wreck	
278					Harry			
279					Russ			
280	02/09/2023	McGregor's	17.7m	17c	Chris	CH	Decided to return to the new site near Andy's Patch. Viz not as good as previous time due to very big Spring tides	GM
281					Harry		However we hit the area right on slack water again. Surprised at the profusion of Shredded Carrot Sponge all over the site hence the site name. Also lots of lobsters and Tompots hiding on this rough ground. On way back went ashore to collect bouys, creels and rope from beach covered in rubbish. Used up gas in harbour again searching for missing creels and anchor.	
282					Margaret			
283		Isle Harbour Entrance	15.7m		Chris			
284					Harry			
285	03/09/2023	Port Yerrock	9.5m	17c	Chris	NP	Rather murky and choppy but good practice for Damon	CH
286					Damon			
287					Margaret			
288					Jennifer			
289	04/09/2023	McGregor's	17m	17c	Lu	LDL	Lu organised the dive with a return to McGregor's. Beautiful weather and flat calm sea. Lu got some good tompot photos.	CH
290					Margaret			
291					Derek			
292	09/09/2023	LDC 527	37.1m	17c	Chris	CH	Heavy Fog but flat calm conditions. Headed out to Landing Craft and by chance shotted it at the rear end, about 50m off our mark. Lots of big fish on wreck and viz about 7m. Engines have now collapsed into the wreckage at stern. Need to dive next time on a mix as only had 15mins before deco kicked in.	RF
293					Margaret			
294					Russ			
295					Harry			
296					Duncan			
297		Devils Bridge	13.3m	17c	Chris		Did the full tour of the site and navigated back to boat. Recovered weight belt Damon lost. Got some good footage of the eight seals on the rocks as they checked us out.	
298					Harry			
299					Duncan			
300	10/09/2023	Great Ouse	25.5m	17c	Mel	NP	Took the two boats out to the Ouse. Shotted wreck well but Duncan's pony slipped off leading to confusion at the top of the shot. Luckily it dragged into wreck. Now that the seal has gone the large shoals of pollack had returned and it was like being in an aquarium. Viz ok but only about 6 to 7m. Alfie finished off his Sports diver training.	NT
301					Duncan			MS
302					Margaret			
303					Russ			
304					Neil			

NSSAC		DIVING OFFICER'S LOG OF DIVES					2023	
NO.	DATE	SITE	DEPT H	TEMP	DIVERS	D/M	NOTES	COX
305					Harry			
306					Chris			
307					Alfie			
308	01/10/2023	Loch Ronald	5m	16c	Harry	MS	Detaching floating playpark at Three Lochs. After all rain viz was nil.	
309					Glyn			
310					Mel			
311					Alfie			
312	09/10/2023	Giannoula K. Rhodes	20.1m	26c	Chris	Lepia	In Rhodes for first dives. Rib ride out to the wreck. First dive around the outside and second in the interior. Water is a pleasant 26c and viz over 20m which is a change	
313					Glyn			
314		Giannoula K. Rhodes			Chris			
315					Glyn			
316	12/10/2023	St Paul's Wall	22.8m	26c	Chris	Lepia	Relaxing dives out of St Pauls Bay near Lindos. Again good clear water and some interesting caverns and swim throughs. Not much in the way of sea life though.	
317					Harry			
318					Glyn		Plenty of broken amphorae on the swim back to shore	
319					Barry S			
320					Jani			
321		Pentanissos Islet Cave	23.9m		Chris			
322					Harry			
323					Glyn			
324					Barry S			
325					Jani			
326	13/10/2023	Giannoula K. Rhodes	21.3m	26c	Chris	Lepia	Rib ride out to the wreck again. First dive around the outside and second in the interior. Water is a pleasant 26c and viz over 20m which is a change	
327					Harry			
328		Giannoula K. Rhodes	21.3m		Chris			
329					Harry			
330	14/10/2023	St Paul's Reef	28m	26c	Chris	Lepia	Relaxing dives out of St Pauls Bay near Lindos. Again good clear water and some interesting caverns and swim throughs. Still not much in the way of sea life though.	
331					Harry			
332					Glyn			
333					Barry S			
334					Jani			
335		St Paul's Caverns	27.2m		Chris			
336					Harry			
337					Glyn			
338					Barry S			
339					Jani			
340	15/10/2023	Pentanissos Islet Cave	26.6m	26c	Chris	Lepia	More relaxing diving. The cave is good with a strategically placed amphora where a beam of sunlight comes through a crack in the roof	
341					Harry			
342		Lion's Head Rock	31.4m		Chris			
343					Harry			
344	16/10/2023	Giannoula K. Rhodes	21.3m	26m	Chris	Lepia	Harry and I went unguided on this trip as we now have a good idea of the layout of the wreck. Had a good explore in the bowels of the ship and found tools in the engine room work shop and plenty of dials and gauges to examine	
345					Harry			
346					Barry S			
347					Jani			
348					Mel			
349					Alfie			
350		Giannoula K. Rhodes	21.3m		Chris			
351					Harry			
352					Barry S			
353					Jani			
354					Mel			
355					Alfie			
356	17/10/2023	Cleobulos Cave	30.6m	26c	Chris	Lepia	Pitch black in the cave but the torches revealed some interesting rock formations. Did not go through the deeper passage to the exit cave. Interesting seeing our bubbles seeping up through the porous rock. All of our dives here have been long ones and the final one was 68mins on a 11L nitrox cylinder. A longtime since I have managed that!	
357					Harry			
358					Barry S			
359					Jani			
360					Mel			
361					Alfie			
362					Glyn			
363		Acropolis Wall, Lindos	22.8m		Chris			N30
364					Harry			N30
365					Barry S			N30
366					Jani			N30
367					Mel			N30
368					Alfie			N30
369					Glyn			N30
370	20/10/2023	Pentanissos Islet Cave	21.3m	26c	Mel	Lepia	Alfie and Mel returned for a second go at the wreck	
371					Alfie			
372		Lion's Head Rock	21.3m		Mel			
373					Alfie			
374	05/11/2023	Screens Rocks	10m	14c	Chris	CH	Neil had a cold so I popped in twice to recover pots for Shaun and John which had become snagged in the recent bad weather. Viz only about 2-3m	RL
375		Devil's Bridge	12m		Chris			
376	09/11/2023	Capernwray 1	17m	12c	Barry S	LDL	End of year jaunt to Capers. Nice and quiet and a good chance to get Marcus signed off as a Sports diver.	
377					Jani		Sadly Jen's suit just back from Otter after a pressure test and new neck and cuff seals badly flooded from the Right leg and ruined her dives. They owe her a free proper repair for this!	
378					Lu			
379					Jennifer			
380					Chris			
381					Marcus			
382					Mel			
383		Capernwray 2	6.5m		Chris			
384					Marcus			
385					Lu			
386		Capernwray 3	16m		Barry S			
387					Jani			
388					Mel			
389					Lu			
390					Chris			
391					Marcus			
392	10/11/2023	Capernwray 4	17m	10c	Lu	LDL	Beautiful autumn day and a little warmer without the wind. Marcus did well and we were able to finish off all his training	
393					Ian			
394					Harry			
395					Chris			
396					Marcus			
397					Mel			
398					Rebecca (V)			
399					Barry S			
400					Luke (V)			
401		Capernwray 5	10.4m		Chris			
402					Marcus			
403					Harry			
404					Ian			
405					Mel			
406					Luke (V)			
407	03/12/2023	Slockenglass	16.7m	9c	Chris	CH	Not the sunny day promised but reasonably calm sheltered in Luce Bay. First pair got the falling off current and	CH











